



# SAVE OUR FUTURE

*Beloved Earth Community of Riverside Church*

## *In This Issue*

### The Month in Crisis

It is very clear that the climate is rapidly deteriorating and that urgent actions are required to save our planet and its inhabitants from eventual total destruction.

We will highlight such things as extreme weather events, fires and similar events that are the consequence of climate change.

### A Helpful Response

Here we will be talking about various positive actions being taken and how you can get involved, proposed actions that need our support such as protesting by supporting businesses that are adapting to counter negative climate change, or advocating a climate-conscious bill.

### Steps We Can Take at Riverside

There are various small actions we can take in our daily lives. Whilst this might appear to be a waste of time, it all helps and helps us to change our mindset on the future of our planet and what we need to do.

Reducing uses of plastics, reducing consumption of animal products, heating and cooling in the home. Buying locally produced produce. The list goes on



## Soft Opening

In March, The Beloved Earth Community will introduce a monthly newsletter for the congregation to focus on the growing threat of climate change and what we need to do, as individuals and a congregation, to prevent the total destruction of our planet and all its inhabitants.

In this first issue we will lay out the format and what you, as congregants, can expect each month.

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## A Plant-Based Recipe

We are featuring a plant-based recipe each month and hope that this entices a reduction in our consumption of animal products.

Cruelty to animals integral to the production of animal products, not just for eating, but in our clothing, cosmetics, etc.

Our consumption of animal products can be directly linked to the changing climate. Food consumption accounts for 1/4 of the world's greenhouse gas emissions and takes up 38% of the planet's habitable surface. Meat and dairy alone accounts for 60% of the global greenhouse gas emissions related to food.

So by reducing our reliance on animal food products, we could grow more suitable crops for humans than crops to feed animals and thus reduce the greenhouse gas emissions.

We are not suggesting we all become vegetarians overnight, but that we gradually reduce our consumption of animal products.

Here is a plant-based recipe for you to try. We hope you enjoy it and would appreciate your feedback (no pun intended) on the meal!

<https://www.marystestkitchen.com/vegan-cream-chickpea-vegetable-soup/#recipe>

## Beloved Earth Community

Calls Riversiders to protest the climate crisis and care for the Earth through educational programs, greening the church, changing our lifestyles, and courageous political action.

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